

¹Reservation required, Just For Seniors at 558-6664

²HICAP Appointment Line: 1-800-434-0222

³Weight Watchers 12-week program Tasha @ 558-6060

⁴Beauty for the Ages 4-week program:
Contact the Senior Center @ 799-2820

Loma Linda Senior Center - "The Gathering Place"
Telephone: (909) 799-2820
25571 Barton Road
(Behind City Hall and Fire Station
on Loma Linda Drive)

MAY 2006

Claude for Party Bridge – 795-1995

Joan for the Ukulele Club – 796-8934

Keoki (George) Ariola Intermediate Ukulele
534-6093

Arvin Leach for Watercolor Workshop - 797-5266

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
SENIOR CENTER CLOSED	1 Senior Painters 8:30 - 11 am Instructions by Betty Hayes - Cost \$3.00 ³ Weight Watchers 12-1 pm Intermediate Ukulele 1-3 p.m.	2 Ukulele Festival 9:00 - 4:30 Food & Entertainment Cost \$5.00 Strength & Balance Exercise video 1:30 – 2:30 pm	3 ⁴ <u>Beauty for the Ages</u> <u>10-11 a.m.</u> ¹ Computer 101 & 102 <u>Language Improvement Class</u> <u>11 a.m. – 12 p.m.</u> ¹ Computer 101 & 102 1- 3 & 3 -5 pm (First Class) Movie & Refreshment 2:30 pm	4 Watercolor Workshop 9 am to 12 p.m. Sit & Fit Exercise Video 9:30 Focus on Healing 10-11 a.m. Cinco de Mayo Celebration 12:00 \$3.50 - Tickets at desk Party Bridge 1 - 5 pm	5 SENIOR CENTER CLOSED
7 SENIOR CENTER CLOSED	8 Senior Painters 8:30 - 11 am Instructions by Betty Hayes - Cost \$3.00 ³ Weight Watchers 12-1 pm ¹ <u>AARP 55 Alive Driving Prog.</u> <u>1-5 pm (2 days)</u> Intermediate Ukulele 1-3 p.m.	9 Ukulele Club 9 -11 am Strength & Balance Exercise video 1:30 – 2:30 pm ¹ <u>AARP 55 Alive Driving Prog.</u> <u>1-5 pm (2 days)</u> ¹ <u>AARP 55</u>	10 <u>Memory Loss Clinic</u> <u>9 am-11 am</u> ⁴ <u>Beauty for the Ages</u> <u>10-11 a.m.</u> <u>Language Improvement Class</u> <u>11 a.m. – 12 p.m.</u> ¹ Computer 101 & 102 1- 3 & 3 -5 pm (Last Class) Movie & Refr 2:30 pm	11 Water color Workshop 9 am to 12 p.m. Sit & Fit Exercise Video 9:30 am Focus on Healing 10-11 am ² <u>HICAP 1 – 4 pm</u> Party Bridge 1 - 5 pm	12 SENIOR CENTER CLOSED
14 SENIOR CENTER CLOSED	15 Senior Painters 8:30 - 11 am Instructions by Betty Hayes - Cost \$3.00 ³ Weight Watchers 12-1 pm Intermediate Ukulele 1-3 p.m.	16 Ukulele Club 9 -11 am Scrap bookinging 1:00 – 3:00 Senior Center Week Luncheon Free -Mexican Food-Ice Cream Strength & Balance Exercise Video 1:30 – 2:30 pm <u>Sr. Center Bd. 3:00 pm</u>	17 <u>Language Improvement Class</u> <u>11 a.m. – 12 p.m.</u> ⁴ <u>Beauty for the Ages</u> <u>10-11 a.m.</u> <u>LL Retiree's Luncheon 11 –</u> <u>2pm</u> ¹ Computer 101 & 102 1- 3 & 3 -5 pm Movie & Refr 2:30 pm	18 Water color Workshop 9 am to 12 p.m. Sit & Fit Exercise Video 9:30 am Focus on Healing 10-11 a.m. Party Bridge 1 - 5 pm	19 SENIOR CENTER CLOSED
21 SENIOR CENTER CLOSED	22 Senior Painters 8:30 - 11 am Instructions by Betty Hayes - Cost \$3.00 ³ Weight Watchers 12-1 pm Intermediate Ukulele 1-3 p.m.	23 Ukulele Club 9 -11 am Strength & Balance Exercise video 1:30 – 2:30 pm	24 Memory Loss Clinic 9 -11 am Senir Health Clinic 9:30 Language Improvement Class 11 a.m. – 12 p.m. ⁴ Beauty for the Ages 10-11 a.m. ¹ Computer 101 & 102 1- 3 & 3 -5 pm Movie & Refr 2:30 pm	25 Water color Workshop 9 am to 12 p.m. Focus on Healing 10-11 a.m. Sit & Fit Exercise Video 9:30 am Party Bridge 1 - 5 pm ² <u>HICAP 1 – 4 pm</u>	26 SENIOR CENTER CLOSED
28 SENIOR CENTER CLOSED	29 Senior Painters 8:30 - 11 am Instructions by Betty Hayes - Cost \$3.00 ³ Weight Watchers 12-1 pm Intermediate Ukulele 1-3 p.m.	30 Ukulele Club 9 -11 am Strength & Balance Exercise video 1:30 – 2:30 pm	31 ⁴ Beauty for the Ages 10-11 a.m. Language Improvement Class 11 a.m. – 12 p.m. ¹ Computer 101 & 102 1- 3 & 3 -5 pm) Movie & Refr 2:30 pm		